

Four Goal Game Must Score In Each Goal

Set up

- Pitch size: 30 x 20 yards (minimum) up to 40 x 25 yards (maximum)
- Two teams of four players
- Four keepers
- No offside
- If the ball leaves play, you have a few re-start options:
 1. The coach passes a new ball onto the pitch
 2. The players take a roll in
 3. The players take a throw in
 4. The players make a pass in
 5. The players dribble in

Rules

- The aim for both teams is to score in all four goals. The team to complete this task first is declared the winner.

KEY

BALL MOVEMENT SHOT ON GOAL PLAYER MOVEMENT

1

1. The team in possession must use clever passing and movement to score.

2

2. They must then score in another of the four goals.

3

3. The first team to score in all four goals is the winner.